

Creating Coaching Programs that Fuel Business Success

Who's here?

- Coaching Program Leader
- External Coach Program Consultant
- Internal Coach
- External Coach

What coaching exists in your organization today?

Resources

CIO Flash Cards On-Line



Recommended Books

- Building the Core Competencies of Change: A Guide to Coaching in Organizations, Sandra L. Stewart, 2021
- The Global Business Guide for the Successful Use of Coaching in Organisations, Frank Bresser Consulting, 2013
- Building and Sustaining a Coaching Culture, David Clutterback, David Megginson and Agnieszka Bajer, Chartered Institute of Personnel Development, 2016
- Creating a Coaching Culture, Peter Hawkins, 2012

Norms

- Participate!
- Bring your wisdom
- Ask questions of me and other students

Agenda Aligning Business Strategy & Coaching

Break in 90 minutes

Program Design Mindset The Tools of Coaching

Challenge

Strategic Plan Exercise

Case Examples

Coaching Culture & Key Program Components

Ethics

Interactive/ Thinking Challenges / Worksheet

Evolution of Coaching

INDIVIDUAL OPTIMIZATION

TEAM OPTIMIZATION

LEADERSHIP DEVELOPMENT

ORGANIZATIONAL
STRATEGIC OUTCOMES
&
COMPETITIVE
ADVANTAGES

What does coaching do?

Generative Learning
Support
Create better learners
Build self-awareness and
confidence
Development focus

SERVANT LEADERS

Focus on developing people
Growth mindsets dealing with
failure and innovation
Address the human
challenges in change

LEARNING ORGANIZATIONS

ICF/ACMP: Change & Coaching

Coaching Capabilities in Change

Formulating

Change

Management

Strategy

Developing

Change

Management

1. EVALUATE CHANGE IMPACT & ORG READINESS

Coaching Program Strategist engages in assessing readiness
Coaching deployed with senior executive to assist with defining the purpose and goals
for change

All change and coaching professionals use the Coach Approach with the client

5. COMPLETE & DESIGN SUSTAINABILITY PROGRAM

Evaluate
Lessons Learned
Best Practices
Design on-going sustainability coaching
program

Evaluating Change Impact and Organizational Readiness

ACMP'S STANDARD FOR CHANGE MANAGEMENT®

Closing

Change

Management

Effort

Executing

Change

Management

Plans

2. DEVELOP CHANGE MANAGEMENT STRATEGIES

Coaching Program Strategist builds coaching program

All change and coaching professionals use the Coach Approach with the client

4. EXECUTE STRATEGIES & PLANS

Execute and oversee all coaching programs

Provide thematic feedback to system

3. DEVELOP IMPLEMENTATION PLANS

Coaching Program Strategist co-designs plans for Individual, team, group coaching Coaching skills training
Alignment of coaching with complementary programs
All change and coaching professionals use the Coach Approach with the client

- Coaching Program Strategist
- Coach Approach
- Individual
- Team
- Group
- Coaching aligned to complementary programs

Program Design Mindset: "Sitting at the Business Strategy Table" Coaching Program Strategist

- 1. Goal clarity up front (organization goals)
- 2. Identify the Human Challenge in the goal
- 3. Solve for the Human Challenge alongside the organization challenge.
- 4. Measure your success and design what is next

Coaching Tools

Individual

Team

Group

Peer

Teaching Coaching Skills

Technology and Al

Aligning with Complementary Programs

Coaching Tools: Individual

Type of Coaching	Best Use / Considerations
Individual	Client may resolve numerous barriers to their performance, creating an energized, optimistic, and empowered approach to their work. Client's professional and personal growth will be catalyzed. Barriers to change on the emotional, values and mindset level will be explored in a confidential relationship focused on building generative learning. • Individual Optimization • Integrate Learning
Internal	 Cost of coaching may be lower Need to train and certify good coaches (this can create coaching culture) Notice: confidentiality, bias concerns (careful matching needed)

External

• Expertise (coaching experience, cross industry knowledge, engagement experience)

Confidentiality

Rect Use / Considerations

Useful when bias is an issue for an internal coach

Technology & AI

Support for individual behavior change and individual cohort management and support

Coaching Tools: Team

Type of Coaching	Best Use / Considerations
Team Coaching	Team's professional and personal interactions will be of a positive and productive nature. Team will arrive at decisions with a higher degree of quality and speed. Team development would focus on developing internal competencies of the team. • Building efficiency of team • Decreasing team friction • Creating opportunities for growth and development as a team
Team Optimization	 When the team needs greater cohesion When the team adopts new members or leaders Change requires resetting team norms and focus
Team Development	 Combine with training and facilitation When a team requires new skills within the team

Coaching Tools: Group

Type of Coaching

Best Use / Considerations

Group Coaching

Coaching a selected group of individuals that are not a team. This is a cost-effective way to reach more individuals to assist in integrating new behaviors and mindsets and support on-going continuous improvement.

- Integrating learning
- Reducing silos, community building
- Integrate with AI support to add human element
- Integrating learning habits

Coaching Tools: Peer

Type of Coaching	Best Use / Considerations
Peer Coaching	Create a co-learning or peer learning environment for community building and competency building. One or more individuals will be trained in coaching skills.
	 Integrating learning Reducing silos Change management acceleration Community building

Coaching Tools: Coaching Skills Training

Type of Coaching	Best Use / Considerations
Coaching Skills Training	Training leaders and managers to use skills they can deploy with their teams and reports. Builds skills of growth mindset that support a learning culture better at supporting change. Using coaching skills is distinct from coaching. Inculcating the attributes of Servant Leadership Creating a coaching mindset in leaders and managers Culture change Increased employee engagement and decreased attrition

Coaching Tools

Type of Coaching	What it does
Individual	Client may resolve numerous barriers to their performance, creating an energized, optimistic, and empowered approach to their work. Client's professional and personal growth will be catalyzed. Barriers to change on the emotional, values and mindset level will be explored in a confidential relationship focused on building generative learning.
Team	Team's professional and personal interactions will be of a positive and productive nature. Team will arrive at decisions with a higher degree of quality and speed. Team development would focus on developing internal competencies of the team.
Group	Coaching a selected group of individuals that are not a team. This is a cost-effective way to reach more individuals to assist in integrating new behaviors and mindsets and support on-going continuous improvement.
Peer	Create a co-learning or peer learning environment for community building and competency building. One or more individuals will be trained in coaching skills.
Coaching Skills Training	Training leaders and managers to use skills they can deploy with their teams and reports. Builds skills of growth mindset that support a learning culture better at supporting change.

Coaching Tools: Al & Technology



Performance Based

Assists with reminders for behavior change



Assessment with Performance

Assesses competencies and builds learning plan



Coach Cohort Design and Delivery

Design large client engagements with learning and development tools



Data Gathering

Receive feedback data on coaching program development outcomes

Al & Technology Examples

Hudson Institute of Coaching, "Wiser"

Al coaching and human coaching focused on

transformation. integrated with the human-led group

Training + Coach Cohort Management Optify, Better Up, Bravely

Provides large cohorts of coaches with AI training and support Data collection and KPI alignment

Training + Behavior Change
Valence.co, "Nadia"
Some coaching and then advice/training

Assessment and Performance

Al + Group Coaching

Ovida.io, "Omind",

coaching

Emotional Intelligence /Communication/Self Awareness metric-based assessment and skill building with ROI

Virtualsapiens.co

Role play for communications improvement

Complementary Programs

Training EAP Mentoring DEI HR Diversity Leadership Support Aligning those Dovetail support and training, skills services that with less programs Inclusion building, might be experience such as: workshops **Programs** needed for with more Compliance and and programs experienced coached **On-Boarding** initiatives employees Succession Integrate Train mentors learning with Coaching Promote Catalyze with with coaching support coaching services coaching skills

CHALLENGE

Using the types of coaching how would you address this business challenge?

Individual

Team

Group

Peer

Teaching Coaching Skills

Technology and Al

Complementary Programs

Professional Services: Tax Consulting Firm

Business Challenge

Retention is an issue the year before partnership and within 2 years after the partnership award.

People cite concerns with:

- ➤ Life balance "those partners work so hard"
- Company and culture fit senior partners seem to represent a demographic unlike me (age, marriage status, race, gender) they think, "I don't see myself".

Business Objective

Reduce attrition pre and post partnership

Fast Growth Technology Firm

Business Challenge

A technology firm is hiring as fast as they can to compete in a fast-growing new technology sector. The challenges are two-fold:

- Middle managers aren't good at helping new hires integrate into the firm.
- The new hires need to build skills of working with others to solve cross-expertise problems.

Objectives

- Build middle manager understanding and mindset for integrating new hires.
- 2. Build cross silo/cross expertise collaboration in new hires.

Solution



External coaches for executives



Internal coaches: Trained 400 employees



Built software tool to match coaches and clients



150 clients coached at a time (60 new hires)



Tied coaching to leadership training program

Results

Catalyzed New Hire Integration

Coaching increased firm knowledge and sense of belonging as new hires joined

Encouraged cross-organization communication and collaboration

Changed mindsets

Leaders (integrate new hires): "my job is to coach and empower"

New Hires (cross silo work): "I collaborate and co-create"

Embedded Growth Mindset: Paired coaching with training so all adopted coaching skills

Bonus

Won an award in the UK as the best place to work

Strategic Planning

- Business Objective
- Human Challenges & Coaching Program Objectives
- Factors of Success & Metrics
- Program Tools & Types and Complementary Programs

Use your worksheet to fill out your organization's strategy for a single initiative or whole organization

Business Objective: "How will the organization be better?"



- Identify a discrete business objective that would be measurable in roughly 6 to 12 months.
- Work with leaders to identify the objective and desired outcomes to ensure relevance and importance.

Human Challenges

What are emotions and reactions that will get in the way of the business objective? What pushback might you get? Why?

Identify the mindsets, values, assumptions, emotions that need to be addressed.

(Security, Control, Competence, Belonging)

Coaching Program Objectives

Identify what coaching will address the assumptions, emotions mindsets and values.

Identify the motivators that will be catalyzed.



Factors of Success

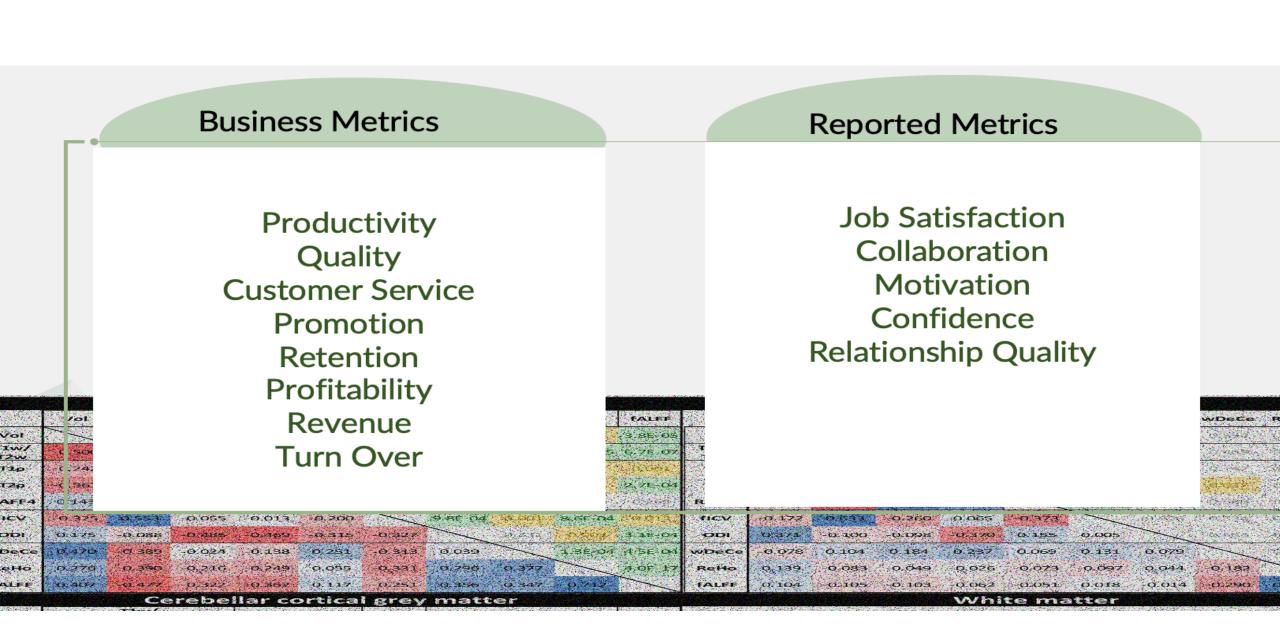
How will you know the program was successful?

Business changes Behavior changes

Metrics



Business Metrics Reported Metrics



ROI and **ROE**



Business Metrics

- Sales & Profit & Productivity increases
- Customer retention
- Customer satisfaction

Opportunity costs of not doing the coaching program = positive returns

Employees leaving the company and needing to be replaced.

Uncaptured revenue/clients



Reported Metrics: Participant & Stakeholder Surveys

- Perceived outcome improvements
- Estimated metrics (unmeasurable)



Program Costs

- Program management personnel/time
- Coaching expertise
- IT systems costs for managing coach/client matching or program management
- Program resources development

CHALLENGE

Using your organization or using the following case example identify...

- 1. What is the Business Objective?
- What are the Human Challenges & Coaching Program Objectives
- 3. How will you measure success?
- 4. What are program types and tools and complementary programs?

Technology Product & Services Firm

Situation

The organization is implementing a new customer tracking solution (CRM) for tracking customer and stakeholder outreach. This will impact multiple departments: sales, operations, executive management and division and product leaders.

Focus on Sales personnel.

Objectives

- Speedy adoption and compliance
- Ensure training is integrated into behaviors and habits.
- Minimize pushback and confusion.



Abdulsattar Aboulola

Saudi Chapter ICF President
Saudi's Vision 2030
Human Capability Development Program

Saudi's Vision 2030 Human Capability Development Program



Enhance Saudi's global competitiveness

Grow Saudi's human capital

Saudis Vision 2030 Human Capability Development Program

- Future: Building basic & advanced skills, knowledge & values for global competitiveness.
- Empowerment: Expanding opportunities and services to improve citizens' quality of life.
- Youth Focus: Developing hubs like *Misk City* to nurture youth in tech, arts, and entrepreneurship, growing Saudi's human capital.

It's all about Empowerment!

Coaching indeed is needed and is affective

Saudi Youth: Powering the Kingdom's Future 71% 10,000+ "Our real wealth of Saudis are lies in the Male and female under 35 years old students on ambition of our scholarships in the people and the top 200 universities potential of our and institutes 54% younger around the world generation. They of Saudis are under 25 years old are our nation's pride and the 146+ architects of Awards and medals our future." 2430 obtained by Saudi contestants in **HRH Crown Prince** Mohammed bin Salman global competitions Annual Report on Saudi Vision 2030 for 2023 Annual Report on the **Human Capability** Development Program for 2023

Human Challenges

71% of Saudi's are under the age of 35, 54% under 25.

Saudi needs to build their future leadership capabilities and confidence.

"Our real wealth lies in the ambition of our people and the potential of our younger generation. They are our nation's pride and the architects of our future."

HRH Crown Prince Mohammed bin Salman

Coaching Program Objectives

- Catalyze leader development with coaching.
- Build leaders that develop and empower others.
- Embed coaching mindsets and coaching skills.
- Coach key leaders across multiple sectors: ministries, organizations and companies.

The Inspire Coaching program

Succession planning Programs across different sectors to develop Saudi talent through coaching to prepare future leaders.

Enabled alignment on organizational expectations vs. employee engagement

Factors of Success

Rapid adoption by ministries, organizations, and leading companies.

Delivering measurable impact once implemented.

Supporting hundreds of leaders and strengthening leadership capabilities.

Supported thousands of youth in developing essential skills and confidence.



Metrics

Adoption rate has been high in all three sectors: ministries, organizations and companies.

Future metrics of success

Outcomes

- Strengthen leadership capabilities across the Authority.
- Boost engagement and motivation by fostering a supportive environment for leaders' growth and development.
- ❖Build and sustain high-performing teams that enhance organizational performance.
- Enable leaders to effectively drive change within the Authority.
- ❖Align leadership practices with the Authority's vision and culture.
- Promote leader well-being by supporting them in managing workplace challenges and improving overall job satisfaction.

Key Components

- Communicating
- Support Resources
- Internal Systems & Structures & the Coaching Culture

Communicating: Make A Plan

Audience

Content

Leaders

Advocates

Clients
Coaches
Client Bosses



Program Objectives, Strategy & ROI/ROE

Language & Definitions of Coaching

Program Progress & Success

Engagement Logistics and Contracting

Shared Communications Resources

Audience

Content

Coaches

Coachees

Leaders

SUPPORT



Training Materials
Behavior Expectations

Coaching Objectives & Logistics

Development Plans

Contracts: Client & Coach

Client Assessments

Quality Assessments of Coaching

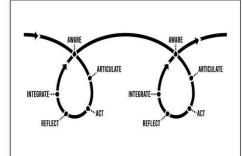
Look Through the Learning Lens to Build Systems & Structures



Leadership Embodies Learning

Attributes of the Coaching Culture Leader:

Partners with and supports learning of their employees for empowerment and growth



- Aware: awareness of the needed change.
- Articulate: clarify the real issue.
- Act: develop and support actions.
- Reflect: make meaning of action outcomes.
- Integrate: connect past knowledge to new.

Stewart, Building the Core Competencies of Change: A Guide to Coaching in Organizations, 2021

Systems & Structures



Institutionalizing the Coaching Culture

Coaching Center of Excellence

Coaching Embedded in Succession Planning & Leader Development & Sales Training...

Norms, Systems & Structures that support the Learning Organization: Awareness, Articulation, Action, Reflection, Integration

Coaching Tracking & Feedback System

Coaching Culture

Norms, Systems & Structures that support the Learning Organization: Awareness, Articulation, Action, Reflection, Integration

Leadership training and mentor programs embed coaching skills training

Team, group and peer coaching

Leader coaching skills training and usage

Trained internal coaches

Hire external coaches



Ethics

- Internal Coaches
- Multiple Program Overlap
- Perceived v. Actual Ethics Breaches

Case: Job Role & Coaching Responsibilities

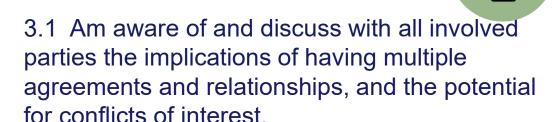
Situation



You coach an individual on the executive team who was going through a lot of personal turmoil that impacted their job performance. You complete the relationship. Then you are asked by HR if they should be promoted.

What do you respond?

Standards



3.2 Manage conflicts of interest and potential conflicts of interest with coaching client(s) and sponsor(s) through self-reflection, coaching agreement(s), and ongoing dialogue. This includes addressing organizational roles, responsibilities, relationships, records, confidentiality, and other reporting requirements.

Case: Coaching & Positional Bias

Situation



You are coaching someone who is junior to you in the organization, but not in your direct reporting line.

Is this OK?
What must you do?

Standards



4.1 Am aware of and, in partnership with my client, **actively** manage any power or status differential between us that may be caused by cultural, relational, psychological, or contextual issues.

Case: Personal Impacts

Situation



You are coaching someone who expresses frustration with the workplace culture. You share their issues and frustration.

What do you do?

Standards



4.2 Recognize my personal limitations or circumstances that may impair my coaching performance or professional commitments. I will seek support if necessary, including relevant professional guidance. This may require suspending or terminating my coaching relationship(s).

Contracting

1.1 Communicate (before coaching begins) with coaching client(s), sponsor(s), and/or other involved parties that the coach is in a direct relationship with to explain the nature of coaching and to co-create a coaching agreement regarding roles, responsibilities, confidentiality, financial arrangements, and other aspects of the coaching engagement.

2.3 Have a clear agreement with client(s), sponsor(s), and other involved parties about what confidential information may need to be disclosed to the appropriate authorities, e.g., illegal activity, required by law, valid court order or subpoena; or imminent/likely risk of danger to self or to others.

3.1 Am aware of and discuss with all involved parties the implications of having multiple agreements and relationships, and the potential for conflicts of interest.

Managing Self

- 4.1 Am aware of and, in partnership with my client, actively manage any power or status differential between us that may be caused by cultural, relational, psychological, or contextual issues.
- 4.2 Recognize my personal limitations or circumstances that may impair my coaching performance or professional commitments. I will seek support if necessary, including relevant professional guidance. This may require suspending or terminating my coaching relationship(s).
- 4.3 Remain alert to indications that there might be a shift in the value received from the coaching relationship and discuss this with the client. If appropriate, explore changes in the coaching relationship and/or the potential for a different coach, professional, or resource.

Resources

CIO Flash Cards On-Line



Recommended Books

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- Creating a Coaching Culture, Peter Hawkins, 2012



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Thought partner in coaching program development



Thought Partner & Contributor

ICF, Independent Review Board ICF & Association of Change Management Professionals Joint Task Force Organizational Change Initiatives: Synergies for Change & Coaching Professionals, 2025 ICF, Coaching in Organizations Coaching Culture Journey Flash Cards

Author



Building the Core Competencies of Change: A Guide to Coaching in Organizations, 2021, Sandra L. Stewart, Advantage
Building an Organizational Coaching Culture: Creating Environments for Growth and Success in Organizations, 2024, Benham Bakhshandeh and William j. Rothwell, Rutledge Publishing (Academic Text), CH 10 & 11
Becoming an ICF Credentialed Coach: Practice Insights by ICF assessors, contributor





Stages of Build

Foundation

- Identify mission and end-point
- Establish first coaching elements

Amplify

- Build on first coaching elements
- Address systems and structures that benefit from coaching

Maintain & Renew

- Establish plan to maintain coaching
- Ensure program management structure







Example: Building Over Time

External Coaches
...Worked with receptive leaders or targeted individuals leaders wanted coached
Mentor Program
...Used advisory skills and gave a context for coaching Training Internal Coaches
...Internal coaches certified in coaching and matched to internal clients Leadership Training Program Integrating Coaching Skills ...Supervisors Coaching Skills Training for Leaders ...Supervisors and HR personnel

Generative Learning & Coach

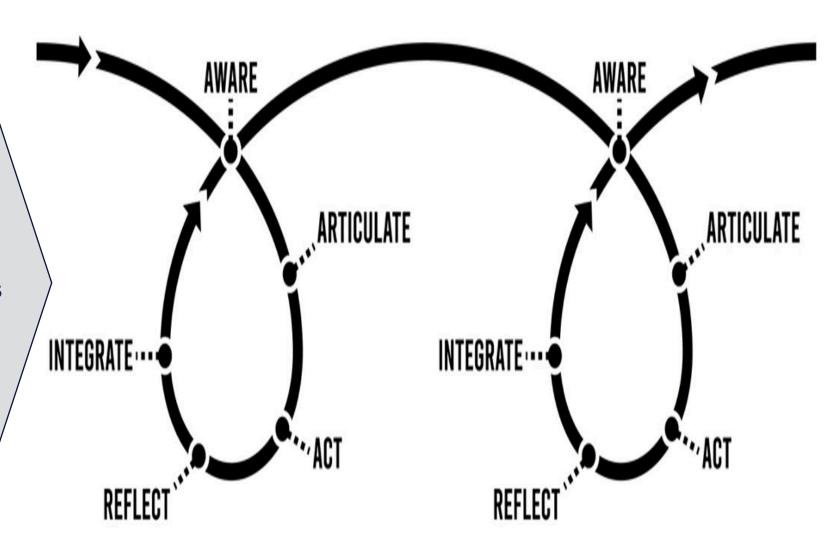
Aware – of needed change

Articulate – the challenge

Act - develop & act on next steps

Reflect – on actions

Integrate – new learning



Stewart, Building the Core Competencies of Change: A Guide to Coaching in Organizations, 2021

CASE STUDIES

Cleveland Clinic

Cleveland Clinic with over 67,000 caregivers weaves coaching throughout all caregiver experiences, from onboarding and development to performance management and retirement and beyond. They operate two separate coaching centers for physicians and non-physicians that align coaching activities and training.

Some strategic program components include:

- One-on-one and group coaching.
- Peer coaching program brings doctors from different departments together to collaboratively set goals.
- Coaching skills training with more than 2,600 managers and leaders.
- Coaching success led to the adoption of the "Inspire & Coach" philosophy — one of the

- organization's four leader behaviors. Leaders throughout the organization are expected to lead using a coach approach.
- Managers and leaders trained in using coaching techniques during daily interactions also learn how to transform their review processes into real-time coaching conversations. Such discussions reframe the experience from a reactionary, metric-focused review into a reflection-based dialogue designed to inspire and engage.
- During Covid employees were connected with an internal coach for a one-time, 30-minute virtual session to assist with issues of stress and change.
 Half of the on-demand requests came from first-time leaders and managers.



Return on Investment

Cleveland Clinic estimates coaching saved the organization \$84 million USD in physician retention. More than 160 physicians cited coaching as a key factor in their decision to stay with the organization.

Future

The Cleveland Clinic intends to measure the impact of coaching skills training on patient satisfaction – a key focus of their institution.

CASE STUDIES

TD Bank

The strategic objective of the TD Bank coaching program was to evolve people leader coaching practices from a risk mitigation to an inspirational leadership behavior and "to equip leaders with coaching and remote leadership skills while managing their personal lives."

Some strategic program components include:

- 73 leaders across North America participated in a series of individual one-on-one coaching sessions paired with peer learning.
- More than 700 People Leaders completed an ICF approved training and were taught how to increase engagement with their colleagues, ask meaningful

- questions, overcome barriers, and increase commitment to action.
- With the development of a new compliance framework called "Risk Recovery Practices,"
 People Leaders were able to have more dynamic and individualized coaching interactions focused on the needs and goals of their direct reports.
- Training in team coaching built skills of enhancing team engagement and productivity.

Results

Since the implementation of the new coaching ecosystem, TD has achieved record-high customer experience scores and improved colleague engagement and retention.

CASE STUDIES

International Trade Administration

The International Trade Administration (ITA) is a part of the U.S. Department of Commerce. It has close to 2,000 employees in the U.S. and abroad.

Some strategic program components include:

- ITA established a Human Capital Talent

 Management Division a central component
 of which was the creation of an internal
 coaching program.
- ITA aligned its coaching activities with four principles—impact, sustainability, scalability, and efficiency.

- ITA trained 30 internal volunteer coaches with at least 100 hours of ICF-accredited training. And the coaches completed 2,100 hours of coaching.
- Goal of coaching skills workshops to over 90% of US-based leadership and over 80% of US-based field staff.
- Established a Coaching Affinity Group offering continued learning and skills practice.

Results

ITA captured both qualitative and quantitative coaching metrics:

- 225% ROI on training dollars invested on those who received coaching.
- Over 96% said the experience was valuable, helped them accomplish at least one goal, and was something they would recommend to colleagues.
- Pre- and post-coaching surveys revealed benefits for coachees included: feeling heard, improved clarity with personal and professional goals, increased confidence and self esteem, and having an accountability partner.

Future

From the U.S. to Kenya, and around the world, every ITA employee will soon have access to use coaching.

Generative Learning Loop	Organization Culture & Systems	Leader Competencies
Awareness	Continuous improvement is based on shared information. Systems feed key performance data back to leadership and cross-functional leaders.	Asks: What can we do better? What can I do better? What is the real challenge here? (logistical and human)
Articulation	Logistical challenges and human challenges are articulated when assessing change.	Engages teams in the strategic process. Communicates strategy so people are aligning to strategy not a single leader. Elicits the human challenges in change for the teams to address.
Action	Organization encourages cross-functional problem-solving to develop actions that impact multiple groups. Action support by leadership.	Asks: What will we do? What support is needed to act? What stakeholders are in this process that we should engage? Supports the action.
Reflection	After action systems. Information sharing horizontally and vertically. Culture of "we learn from our mistakes"	Asks: What are we learning from what has happened? What support is needed next?
Integration	Incorporate knowledge into habits and systems. Identify the next set of changes.	Asks: Now that we know this what will be institutionalize and what will we continue to improve?