

ICF CONVERGE

OCTOBER 23-25, 2025 • SAN DIEGO

THINKERING STYLES ACTIVITY RESPONSES WORKSHEET

Below each question, make a mark along the continuum where you feel your ARTifact belongs

Did you feel or think you had: **not enough time?** Or did you **not consider time** / have **too much time?**

« NOT ENOUGH TIME

« IN BETWEEN »

DIDN'T CONSIDER/TOO MUCH TIME »

Did you empty the bag and feel the urge to **start sorting** the bricks? By shape, by color, or by size?
OR Let the bricks **fall where they may?** Or somewhere in between? *If between, closer to which side?*

« STARTED SORTING

« IN BETWEEN »

FALL WHERE THEY MAY »

Did you pause for a moment (even a second) to start building it **in your mind first?**
OR **Dive right in** and figure it out as you build? Or somewhere in between? *If between, closer to which side?*

« IN MIND FIRST

« IN BETWEEN »

DIVE RIGHT IN »

Did you **maximize or form a goal/desire** in your mind to use most or all the bricks in the time allotted?
OR Use **only what you needed** or felt was necessary? Or somewhere in between? *If between, closer to which side?*

« MAX OR FORM A GOAL/DESIRE

« IN BETWEEN »

ONLY WHAT YOU NEEDED »

Did you feel compelled to **follow the prompt** and make it a tower (or even tower-ish)?
OR Simply **take it as a suggestion** & build whatever you wanted? Or somewhere in between? *If between, closer to...*

« FOLLOW THE PROMPT

« IN BETWEEN »

AS A SUGGESTION »

Did you make it a choice or have a desire to build it as **high as you could?**
OR Make sure it has a **sturdy or solid foundation?** Or somewhere in between? Or Neither?

« HIGH AS YOU COULD

« IN BETWEEN OR NEITHER »

STURDY OR SOLID FOUNDATION »

Did you try to **create a pattern/design?** eg. symmetrical or uniform, or consistent
OR Have **no pattern or design** at all? Or somewhere in between? *If between, closer to which side?*

« CREATED A PATTERN

« IN BETWEEN »

NO PATTERN OR DESIGN »

Did you build this tower with your **head – heart – or – gut?** Or if two of three, which came first?

▼ HEAD

▼ HEART

▼ GUT

How does **what you built** relate to how you show up as a person/leader/professional, etc.?

How does **how you built** relate to how you show up as a person/leader/professional, etc.?