

ICF Demographic Data Update: 2022–2024 Insights

Understanding Trends. Advancing Equity.

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### Learning Objectives



Interpret key shifts in ICF demographic data from 2022–2024



Identify trends impacting underrepresented communities



Apply data insights to support inclusive coaching practices

## Why Demographics Matter to DEIB

1

Understand who is present, participating, and potentially excluded

2

Tailor programs to meet diverse member needs

3

Create accountability for inclusion and equity

4

Amplify underrepresented voices and lived experiences

## How ICF Collects Demographic Data

Guided by privacy, trust, and global relevance

Demographic surveys began after a needs assessment

Legal and ethical care is embedded in data collection

Member education and transparency are prioritized

# Methodology Snapshot

Data Source:

ICF DEIB Member Value Survey Metrics

Collection Period:

Jan 2022 – Dec 2024

Participants:

Global coaching community

Categories: Race/Ethnicity, Disability

# Demographic Shifts (2022–2024)

Steady increases suggest engagement is growing

Millennials: 6.43% → 8.0%

Gen Z: 0.06% → 1.2%

Black/African
American:
9.48% → 10.8%

Hispanic (non-White): 2.27% → 2.9% Disability disclosure: 27.0% → 30.5%

# Millennial and Gen Z Representation



MILLENNIALS ARE MID-CAREER AND LEADERSHIP-TRACK



GEN Z BRINGS VALUES OF AUTHENTICITY AND INCLUSION



GROWTH IN BOTH GROUPS SHOWS COACHING'S EVOLVING RELEVANCE



PATHWAYS FOR MENTORSHIP AND CERTIFICATION ARE KEY

# Black and Hispanic Representation

Black members grew from 9.48% to 10.8%

Hispanic (non-White) members rose to 2.9%

Terminology and cultural identification vary globally

Regional engagement and language access are crucial

# Disability Disclosure Insights

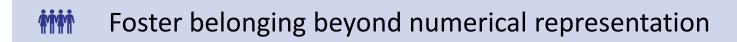
Disclosure rose from 27.0% to 30.5%

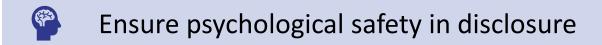
Terminology (identity-first vs. person-first) varies

Not all disabilities are visible or disclosed

Safety and trust must guide all data practices

# Looking Ahead: What Matters Most





Practice global cultural responsiveness

Build on early successes and strengthen engagement

# Conclusion: A Commitment to Learning

This is not about benchmarks; it is about reflection

ICF aims to grow with and learn from its members

Ongoing feedback and inclusion will shape the future

Together we create a profession that reflects humanity's full diversity

# Implications for Coaching Practice



INCLUSIVE ONBOARDING FOR COHORTS



CONSIDER
INTERSECTIONALITY IN
MATCHING



DATA-INFORMED OUTREACH
AND DEIB TRAINING

### Areas for Growth



### What This Means for You



Coaches: Practice with equity

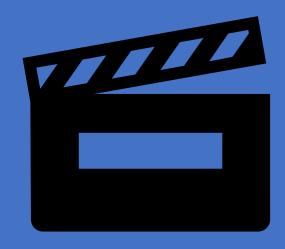


Educators: Diverse trainer representation



Champions: Expand access

### Call to Action



How to use this data going forward?

### Thank You



Questions or Reflections?



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