

Leveraging the Power of Coaching & Change Management to Navigate Disruption

A four-part panel series



April 14, 2021 | Leadership from the Front Lines Panel Session | Collateral & Resources

Tony Garver

- Simon Sinek: Start With Why and Leaders Eat Last
- Jim Clifton and Gallup: It's the Manager and First, Break all the Rules
- The Trillion Dollar Coach; Eric Schmidt, Johnathan Rosenberg, Alan Eagle.

Kimberly Southern-Weber

- The Science of Organizational Change by Paul Gibbons. I quoted this work on the panel discussion – really great book helping me re-think and re-approach how we are “doing” change...
 - Book: <https://www.amazon.com/Science-Organizational-Change-Strategy-Behavior-ebook/dp/B07QL2M9GK>
- Dare to Lead book and podcast by Brené Brown. I was on a walk while listening to the episode with Ken Oakes – and it stopped me in my tracks and I immediately texted the link to friends and colleagues who work in change/transformation.
 - Podcast: <https://open.spotify.com/episode/OYFqo5j8bRHa55gqxFgMMY?si=N4mTUAgWTQ6wTU0IbjEoVg>
 - Book: https://www.amazon.com/Dare-Lead-Brave-Conversations-Hearts-ebook/dp/B07CWGFPS7/ref=sr_1_1?dchild=1&keywords=dare+to+lead&qid=1618938630&s=digital-text&sr=1-1
- Last 8% Morning – Podcast hosted by J.P. Pawliw-Fry, a mindfulness and emotional intelligence expert, from the Institute for Health and Human Potential. It is a walking meditation podcast focused on concepts and ideas about leadership. It's transformative.
 - Podcast: <https://open.spotify.com/episode/4N11ZL4bsu4FluL1xBFpeu?si=d7226a8666754e79>
- Living Beautifully with Uncertainty and Change – written by Pema Chödrön
 - Book: https://www.amazon.com/Living-Beautifully-Uncertainty-Pema-Chodron-ebook/dp/B009KSQZOS/ref=sr_1_1?crid=1P61GMPOPEO5F&dchild=1&keywords=living+beautifully+with+uncertainty+and+change+by+pema+chodron&qid=1618939537&s=digital-text&sprefix=living+beautifully%2Cdigital-text%2C192&sr=1-1
 - This book is amazing – and I keep going back to this quote.

Kimberly Southern-Weber (cont.d)

“When you open yourself to the continually changing, impermanent, dynamic nature of your own being and of reality, you increase your capacity to love and care about other people and your capacity to not be afraid. You’re able to keep your eyes open, your heart open, and your mind open. And you notice when you get caught up in prejudice, bias, and aggression. You develop an enthusiasm for no longer watering those negative seeds, from now until the day you die. And, you begin to think of your life as offering endless opportunities to start to do things differently.” – Pema Chödrön

Jeff Reynolds

- From the woman that invented “Helicopter Parenting”. As a coaching model, I now use “Helicopter Managers”. To help people grow at work, you must allow them to venture, risk and learn in their “Zone of Proximal Learning”.
 - https://www.amazon.com/Ready-Not-Preparing-Uncertain-Changing/dp/0062657755/ref=sr_1_1?dchild=1&keywords=Madeline+levine&qid=1618926958&sr=8-1
- In the balance between depth of expertise vs. broad skills, this has a unique perspective;
 - https://www.amazon.com/Range-Generalists-Triumph-Specialized-World/dp/0735214484/ref=sr_1_1?dchild=1&keywords=Range&qid=1618927197&sr=8-1
- A groundbreaking book that recognizes how a leader’s great strengths taken too far are their undoing.
 - https://www.amazon.com/Positive-Intelligence-Individuals-Achieve-Potential-ebook/dp/B007R0IQ70/ref=sr_1_1?crid=K8RDNU2O6117&dchild=1&keywords=positive+intelligence&qid=1618927422&srefix=Positive+Intellig%2Caps%2C213&sr=8-1

Deborah Elder

- Liz Wiseman's Multipliers
- Clark & Estes Turning Research Into Results

Jeff Sube: Tim Creasey talks about “all change starts at the individual level.”

<https://www.changemanagementreview.com/meet-the-expert-tim-creasey/>

Andrea Leven-Marcon: Understanding the SCARF Model from the NeuroLeadership Institute provides great clues as to where pain, discomfort and rewards are experienced by stakeholders: <https://neuroleadership.com/your-brain-at-work/scarf-model-motivate-your-employees>

Ann Deaton: Appreciate the conversation about emotions – love Dan Newby and Lucy Nunez’s book “The Unopened Gift: A Primer in Emotional Literacy” as well as “The Upside of Your Dark Side: Why Being Your Whole Self – Not Just Your Good Self – Drives Success and Fulfillment.”

Sue Dolloff: I also like the book “A Complaint is a Gift: Recovering Customer Loyalty When Things Go Wrong” by Claus Moller and Janelle Barlow.

Michael Chirichello: “Managing Transitions: Making the Most of Change” by William Bridges is a great book on CM.

Karen Tiller: “Start With Why” by Simon Sinek.