

The Climate and Ecological Crisis: How Can Coaches Help?

A joint initiative between professional bodies in coaching, coaching psychology, mentoring and supervision





A Warm Welcome

Purpose of Today

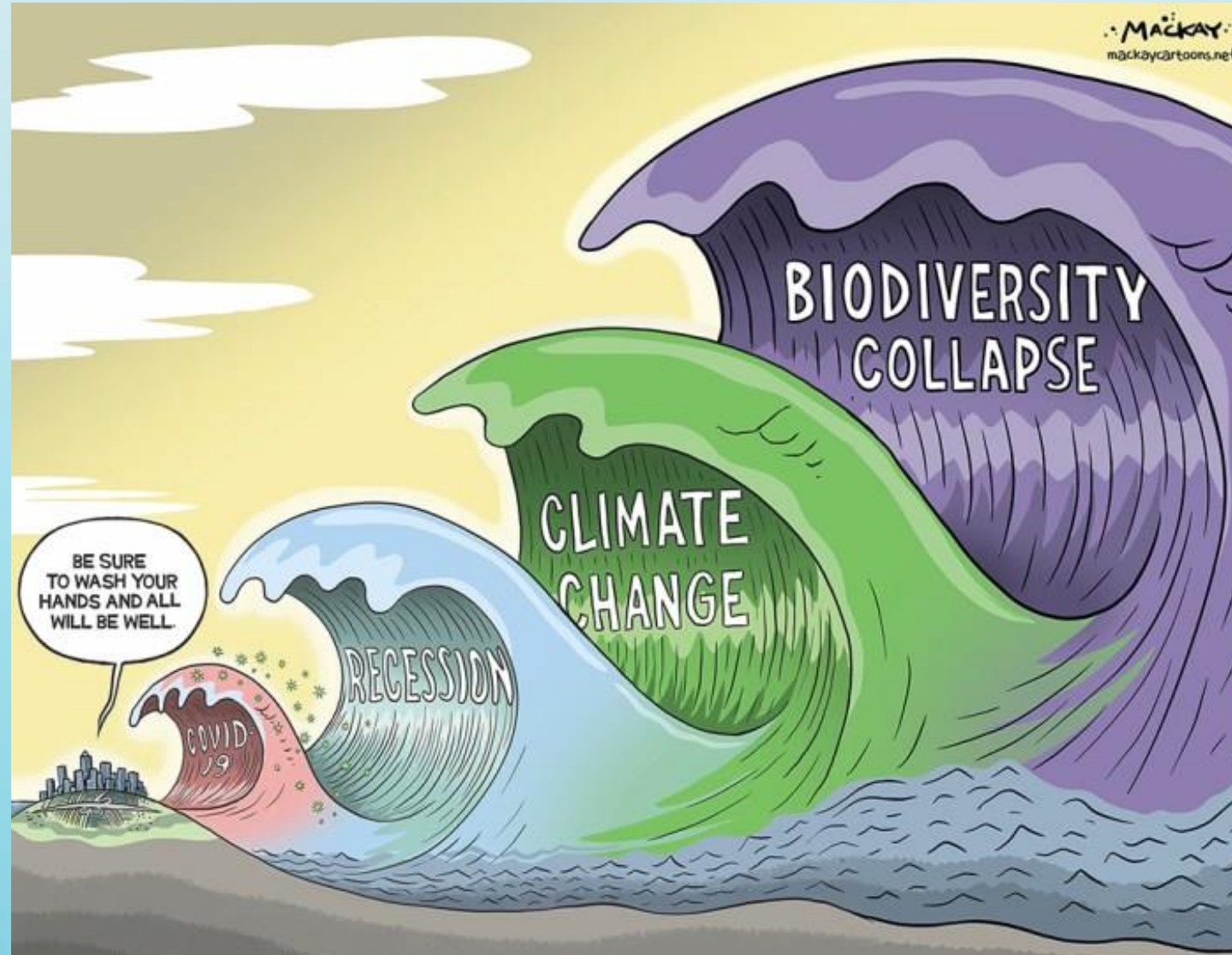
- Sharing our Joint Statement on Climate Change
- Raising awareness across the coaching profession of global challenges related to climate & biodiversity loss
- Creating a space for dialogue, reflection and action planning using the Eco-Cycle tool
- Hearing from our members about what action you want us to take as professional bodies in coaching, coaching psychology, mentoring and supervision

Poll 1

- Do you believe that coaching can help in the climate crisis?



Our Challenges are Inter-connected!



Our Joint Statement (1)

Background: In 2019 we were challenged by some coaches to consider our role in the climate emergency. The original members of the group were AC, APAC, APECS, EMCC and ICF and in May 2020 we agreed a Joint Statement. Subsequently we were joined by AoCS, COMENSA, ISCP and IAC extending our global and professional reach.

Statement: As professional bodies who are dedicated either wholly or in part to the role of coaching, coaching psychology, mentoring and supervision, to develop individuals, teams and organisations, and to create social value, we have committed to work together to play our part in addressing the climate emergency.

We consider our role in four dimensions:

- As individual human beings
- As individual coaches, mentors and supervisors
- **As individual professional bodies**
- **As a collective of professional bodies.**

Our Joint Statement (2)

- To address the reality and urgency of the climate emergency we commit to:
- Raising awareness and knowledge with our members through sharing information and research
- Creating safe and challenging spaces for coaches, coaching psychologists, mentors and supervisors to reflect on and reconsider their role and their practice
- Raising awareness and offering support to our clients to enable them to redesign their organisations in response to changing needs and good practices
- Collaborating to share knowledge between professional bodies and pool resources for free access by all coaches, without the need for membership. We will model the behaviour we seek and always collaborate not compete
- Developing our thinking and research to further consider how coaching and mentoring can serve to support society's transformation through our client work
- Working towards carbon neutrality in our events and activities
- Continuing to seek and invite other professional bodies to sign up to this commitment.

A useful model: Peter Hawkins' Eco-Cycle

You are developing the skills to bring the topic appropriately into every coaching relationship

You are emotionally working through the various reactions when facing the impact of human actions



You are taking responsibility to influence and create change through your wider profession and all your stakeholders

You are open to discovering more about the environmental, social and economic crisis and your own part within it

You are looking at the data and science to find out and understand what is happening

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Exploration in Groups



Where am I on the cycle?

As a person?

As a coach?

When and how does it vary?

Let's hear some emerging thoughts and questions



Poll 2

- Do you believe that coaching can help in the climate crisis?



Exploration in Groups



What is my role as a coach?

How can coaching as a profession help?

What do the professional bodies need to do next?

Please also put ideas into the chat

Let's hear some emerging thoughts and questions



Thank you for your participation!

we hope you've found it useful

- The Coaching Bodies Joint Statement on Climate Change can be found on each of the bodies' websites.
- For further information you may also wish to explore the independent organisation, Climate Coaching Alliance:
www.climatecoachingalliance.org



A photograph of a dandelion seed head in the lower-left corner, with several individual seeds floating away towards the upper-right corner against a clear, bright blue sky. The seeds are small, dark, and attached to thin, white, feathery stems. The overall scene is simple and evocative, symbolizing the spread of ideas or actions.

Go forth and spread
ideas and actions!