



ICF's Position on Coaching Supervision

The International Coaching Federation (ICF) supports Coaching Supervision for professional coach practitioners as part of their portfolio of continuing professional development (CPD) activities designed to keep them fit for purpose.

What is Coaching Supervision?

ICF defines Coaching Supervision as a collaborative learning practice to continually build the capacity of the coach through reflective dialogue for the benefit of both coaches and clients.

Coaching Supervision and Credentialing

ICF recognizes Coaching Supervision as an important element of a coach's professional development, learning and growth.

ICF Credential-holders may submit up to **10 hours** of Coaching Supervision (delivering or receiving) as Core Competency Continuing Coach Education (CCE) units toward their credential renewal.

coachfederation.org/coaching-supervision



ICF Research on Coaching Supervision

An increasing number of books and academic articles on the topic of Coaching Supervision are being published. ICF is actively contributing to this growing body of research, including its recent publication in *International Coaching Psychology Review*, which identified key benefits for coaches who receive Coaching Supervision.

These benefits include:

- Increased self-awareness
- Greater confidence
- Increased objectivity
- Heightened sense of belonging
- Reduced feelings of isolation
- Increased resourcefulness

Tkach, J. T., & DiGirolamo, J. A. (2017). The state and future of coaching supervision. *International Coaching Psychology Review*, 12(1), 49-63.

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